

FREE
GUIDE



CAUSEWAY COAST & GLENS
HERITAGE TRUST

EVENTS GUIDE 2016



www.ccght.org
www.heartoftheglens.org

CAUSEWAY COAST & GLENS



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THE CAUSEWAY COAST & GLENS HERITAGE TRUST



The Causeway Coast & Glens Heritage Trust (CCGT) is a charity devoted to protecting and enhancing the unique heritage of the Causeway Coast and Glens area, including (but not limited to) the Binevenagh, Causeway Coast and Antrim Coast and Glens Areas of Outstanding Natural Beauty (AONBs) and the Giant's Causeway and Causeway Coast World Heritage Site (WHS).

CCGT develops and works in partnership with a range of organisations including landowners, local Councils and the farming, tourism, education, environment and community sectors.

ABOUT THE AREA

Stretching from Belfast Lough to Lough Foyle the Causeway Coast and Glens is a unique area full of contrasts and dramatic landscapes which have inspired the history, the culture, the folklore and a legend of giants.

This landscape of 'great wonder and beauty' includes the Giant's Causeway & Causeway Coast WHS, Northern Ireland's only World Heritage Site and one of only three in the entire island of Ireland. The area includes three Areas of Outstanding Natural Beauty: the Causeway Coast AONB, the Antrim Coast and Glens AONB, and the Binevenagh AONB.

The Causeway Coast and Glens Heritage Trust area also encompasses a small northern section of the Sperrins AONB.

ANTRIM COAST & GLENS AREA OF OUTSTANDING NATURAL BEAUTY



The Antrim Coast & Glens AONB was designated in 1988 under the Nature Conservation and Amenity Lands (NI) Order. It includes Rathlin Island, the Glens of Antrim and the coastal area between Larne and Ballycastle. There is no doubt this area contains some of the most beautiful and varied scenery in Northern Ireland.

The area is dominated by the Antrim Plateau rising to over 500m and cut by fast flowing rivers to form a series of picturesque glens running east and north-east towards the sea. Above all the Antrim Coast and Glens AONB is an area of contrasts with Northern Ireland's only inhabited offshore island, gentle bays and valleys, dramatic headlands, farmland and the wild open expanse of moorland on the plateau. Added to this the area has a long settlement history with many important archaeological sites, listed buildings, historic monuments and conservation areas.

Rich in folklore, it has a strong cultural heritage and close associations with Scotland. On a clear day there are fine views eastwards to the Scottish Islands and the Mull of Kintyre which is only 12.4 mile away from Torr Head.

BINEVENAGH AREA OF OUTSTANDING NATURAL BEAUTY



Binevenagh AONB was designated in 2006. This is a re-designation and extension of the area previously designated in 1966 as the North Derry AONB.

The distinctive headland of Binevenagh with its dramatic cliffs marks the western limit of the Antrim basalt plateau. From here there are spectacular panoramic views of Magilligan, Inishowen and of Islay and Jura in Scotland. The AONB includes some of the finest beaches and dune systems in Ireland together with the small seaside resort of Castlerock. The flat alluvial plain near Lough Foyle is important for arable farming whereas the upland area, characterised by open moor land and forestry, is more suited to sheep farming.

In addition, Binevenagh AONB has a colourful cultural and an outstanding built and archaeological heritage which includes many listed buildings and scheduled monuments. Visitors have the opportunity to take part in a wide range of recreational activity including walking, cycling, swimming, orienteering, angling and gliding. This, together with the easy access by road, rail, air and sea, has helped to establish Binevenagh AONB as one of Northern Ireland's most popular visitor destinations.

CAUSEWAY COAST AREA OF OUTSTANDING NATURAL BEAUTY



Extending for 18.6 mile along the North Antrim Coast the Causeway Coast AONB has a wide variety of different landscapes including the Giant's Causeway and Causeway Coast World Heritage Site. The western part of the AONB is characterised by an extensive dune system at East Strand. It also includes a dramatic stretch of alternating white chalk and black basalt cliffs. Dunluce Castle forms a spectacular landmark with views of Donegal and the Skerries to the north.

Contrasting with this wild coastal scenery are the gentler landscapes of the Bush valley with its mixed farmland, woodland and the historic village of Bushmills. Moving east the coastline around the Giant's Causeway and Causeway Coast World Heritage Site has been heavily eroded into a series of small rocky bays and headlands.

Here the land is farmed right to the very edge of the cliffs which plunge dramatically down to sea level.

Towards Ballintoy, limestone and basalt cliffs again dominate the landscape and there are breathtaking views of White Park Bay and Sheep Island. The duneland system at White Park Bay has national importance. Further east Carrick-a-Rede Rope Bridge is one of Northern Ireland's top visitor attractions.

The rugged coastal scenery around Kinbane has steep basalt cliffs and there are spectacular views north to Islay and Rathlin Island. This area is characterised by rough grassland, dry-stone walls, bogland and gorse (known locally as 'whin')

Heart of the Glens



Landscape Partnership Scheme

HEART OF THE GLENS LANDSCAPE PARTNERSHIP SCHEME

The Heart of The Glens Landscape Partnership Scheme is a programme within the Causeway Coast & Glens Heritage Trust. It is made up of 21 exciting different projects over five years and covers a large area from Ballycastle to Glenarm. This Scheme is focused on and for the benefit of the communities and beautiful landscape of the Glens.

The main aims of this Scheme are:

- **TO CONSERVE AND ENHANCE THE BUILT, NATURAL AND CULTURAL HERITAGE**
- **TO ENGAGE AND INSPIRE COMMUNITIES**
- **TO IMPROVE ACCESS AND LEARNING IN THE AREA**
- **TO OFFER HERITAGE SKILLS AND TRAINING**

Even though this programme is only here for five years, the aim is to provide a long lasting legacy which will help to create a sustainable landscape. One way of doing this is to create resources to facilitate both locals and visitors to unearth the many opportunities that exist, to come together and enjoy this unique community.



ABOUT THE AREA

The Glens of Antrim are situated in County Antrim in the north east corner of the island of Ireland. These magnificent Glens radiate out towards the Irish Sea from the remarkable Antrim Plateau. The exceptional landscape reflects its designation as the Antrim Coast and Glens Area of Outstanding Natural Beauty (AONB). Its dramatic coastline with headlands and harbours, its valleys with fast flowing rivers and its unique sense of light and space has given the area a special character that is appreciated by local people and by the many visitors who travel here every year. The Glens have a long history of people, language, tradition, sport, story, music, creativity and 'The Craic'. How The Glens celebrate these attributes is what makes this area unique.

The very fact that Glens folk live in small villages, in a relatively 'remote' location is the norm to them, but to most it is not. For many of the Glens folk the ancient Gaelic sport of hurling, sheep farming, turf cutting and fly fishing are ordinary to them, but extraordinary to others. The fact that we have a long history of rich language both our native Gaelic and Broad Scots, of traditional music, dance and traditional craft is something that visitors find unique and indeed special.

SPRING

ROCKIN' DOWN THE ROE

SUNDAY 10TH APRIL 2016



Assembly point: 3:30pm Swanns Bridge, Seacoast Road, Limavady

Flow down the River Roe on a Stand Up Paddle board, whilst learning about the marine life and geology of the route from the experts at Ulster Wildlife and the Causeway Coast & Glens Heritage Trust. Beginners are taught the basic flat water skills and techniques to this new and fast growing sport.

Learn about the long journey of the European eel as it migrates down the Roe and to the furthest reaches of the Atlantic to spawn. Trace the route taken by Atlantic Salmon, Sea Trout and the enigmatic Sea Lamprey as they migrate up river to spawn, and hear about Dopey Dick, the killer whale who followed the salmon into Lough Foyle in 1977!

This is a sport which can be enjoyed at any pace.

With a maximum group size of 6 this creates a sustainable service that shows respect to other water users. Minimum age of 16 years. Pre-booking is essential.

Charge: £30pp (All equipment and wetsuits provided)

Duration: 2.5 hours

Footwear: Strong/solid footwear and waterproof clothing recommended.

Contact: To book contact Long Line Surf School by emailing info@longlinesurfschool.co.uk or calling 07738 128 507

SPRING WOODLAND WALK AT BREEN

SATURDAY 16TH APRIL 2016



Assembly Point: 9:00am, Breen Forest Car Park

Join us for a spring woodland walk at Breen Forest on Glenshesk Road, where you will learn about spring flowers, birdsong, possibly a few butterflies, newts and anything else that comes along.

You may also get a chance to see a selection of moths depending on the weather. Pre-booking is essential.

Duration: 3 hours

Distance: 2 miles

Surface: Steep forest paths

Footwear: Walking boots/sturdy shoes. Bring warm clothing and Binoculars

Contact: To book email laura@lps.ccgth.org or call 028 2075 2100



DAWN CHORUS

SUNDAY 1ST MAY 2016



Assembly Point: 5:00am, St Patrick's Church Car Park, Glendun Road, Cushendun

International Dawn Chorus Day is the worldwide celebration of nature's daily miracle. Why not start your day and join us for a chance to hear the wondrous bird song on a dawn chorus walk through Cregagh Wood, nestled in the Antrim Coast & Glens Area of Outstanding Natural Beauty.

We may even be lucky enough to hear the NI rare wood warblers or spotted flycatchers. Early morning refreshments will be provided. Children under 18 must be accompanied by an adult. Pre-booking is essential. Please note there are steep, rough paths throughout this walk.

Duration: 1.5Hours

Distance: 2 miles

Surface: Steep forest paths

Footwear: Walking boots/sturdy shoes. Bring warm clothing and Binoculars

Contact: To book email laura@lps.ccght.org or call 028 2075 2100

IT'S A BUG'S WORLD

SUNDAY 1ST MAY 2016



Assembly Point: 2:00pm, Cushendun Old Church

Come along to this fun family event where the kids can learn about different types of moths in your local area. You can explore the old Church at Cushendun from 11am and take a look at our display boards and see how many moths you can identify. Pre-booking is essential.

Duration: 1 hour

Contact: To book email laura@lps.ccght.org or call 028 2075 2100



GLENARM BEACH CLEAN

FRIDAY 6TH MAY 2016



Assembly Point: 4:00pm, Glenarm, meet at the car park opposite Seaview Primary School office (postcode BT44 0AU).

Join Glenarm Wildlife Group, Ulster Wildlife, Keep Northern Ireland Beautiful, and the Causeway Coast and Glens Heritage Trust to clean the beach and harbour area at Glenarm. This event is in collaboration with Glenarm Wildlife Group, Keep Northern Ireland Beautiful, and Causeway Coast and Glens Heritage Trust. Minimum age of 16 years. Gloves and litter pickers will be provided.

Duration: 2 hours

Surface: rocky and slippery

Clothing & Footwear: Bring warm clothing (waterproofs if necessary)
Walking boots/sturdy shoes



SAILING THE CAUSEWAY COAST

THURSDAY 12TH MAY 2016



Assembly Point: 10:00am, Portrush Harbour

Fancy a boat trip with a difference along Northern Ireland's outstanding Causeway Coast?

Join Causeway Lass, the Causeway Coast and Glens Heritage Trust and Ulster Wildlife to explore over 300 million years of geological history and the amazing variety of marine wildlife that thrives along County Antrim's exposed Atlantic Coast. See the coastline as never before, discovering how the island of Ireland has travelled across the globe, through warm tropical seas, hot deserts, fiery volcanic activity and freezing ice ages.

See the myriad of seabird species that feed and nest along these shores, spot a harbour porpoise in the UK's first protected area for this species and hear about the rich diversity of life that lies beneath the surface. Be sure to bring your camera! Pre-booking is essential.

Duration: 5 hours

Footwear: Bring warm/waterproof clothing and Camera/Binoculars

Contact: To book contact Richard Connor on 0771 211 5751 causewaylass@yahoo.com

Cost: Adults £35, Under 16's £25
(Including tea/coffee and light lunch)

ROAMING & RUMMAGING ON RATHLIN ISLAND

FRIDAY 3RD JUNE 2016



Assembly Point: 12 noon Rathlin Harbour, Rathlin Island

Join us for a guided walk and talk to discover the nature and heritage of the Island. This is a varied and leisurely walk and is also one of the great activities offered as part of this year's exciting Rathlin Sound Maritime Festival celebrations. Enjoy amazing views of the coastline.

Afterwards why not join Ulster Wildlife's Living Seas Team and Cumbria Wildlife Trust for a rockpool exploring adventure. This is a great site for family rockpooling with dozens of different seaweeds, beautiful beadlet anemones and plenty of opportunity to find crabs, fish, sea urchins and other marine life hiding between the rocks.

Children under 16 must be accompanied by an adult. Pre-booking is essential. We recommend you contact Rathlin Island Ferry Ltd 028 20769299 to arrange ferry travel.

Duration: 2 hours

Footwear: Strong/solid footwear and waterproof clothing recommended

Contact: To book email tierna@ccght.org or call 028 2075 2100

MURLOUGH GOODLANDS ARCHAEOLOGICAL WALK

SATURDAY 18TH JUNE 2016



Assembly point: 11:00am Upper car park at Murlough Bay

This guided walk with Archaeologist Thomas McElean takes us along the edge of the plateau above Murlough Bay with its splendid panoramic views over the Antrim and adjacent Scottish coast line. We walk south through ancient district of Ballyukin to visit the site of late medieval or early 17th century deserted village at Goodlands. Along the way we will see ancient field systems, sites of prehistoric interest and many other features and learn about the landscape history of the locality. Pre-booking is essential.

Duration: 3 hours

Distance: 3 miles

Surface: Rough, uneven paths

Footwear: Walking boots/sturdy shoes. Bring warm clothing and waterproofs if necessary

Contact: To book email laura@lps.ccght.org or call 028 2075 2100



SUMMER



SEASHORE SCAVENGE

FRIDAY 1ST JULY 2016



Assembly Point: 2:00pm, A2 Coast Road Car Park, Glenarm

Join Ulster Wildlife's Living Seas Team for a seashore exploring adventure as we hunt for fascinating animals, unusual rocks and even pre-historic arrowheads on the strand at Glenarm, this is a great site for finding crabs, seaweeds and anemones and also a great spot to see birds such as black guillemots and diver species. Hunt for seashells and beautiful rocks and pebbles along the shore. Ancient flint arrowheads have also been found at this location! Pre-booking is essential.

Please note: Family Friendly event. Children under 16 must be accompanied by a responsible adult due to the slippery underfoot conditions.

Duration: 2 hours

Footwear: Strong/solid footwear/Wellingtons and waterproof clothing recommended

Contact: To book email tierna@ccgght.org or call 028 2075 2100

BUMBLEBEES IN BINEVENAGH

THURSDAY 7TH JULY 2016



Assembly Point: 10:00am Ulster Gliding Club, Seacoast Road, Bellarena

This time of year our gardens, hedgerows and wild open spaces are buzzing with bumblebees.

Join us as we get to know bumblebees better, explore their life cycle, learn about what plants they like to feed on and how to identify the species you are most likely to find in your own garden. We will then go on a safari to identify any bumblebees we find outside. Pre-booking is essential.

Duration: 2-3 hours

Footwear: Strong/solid footwear and waterproof clothing recommended

Contact: To book email tierna@ccgght.org or call 028 2075 2100

WILD COOKERY

SATURDAY 9TH JULY 2016



Assembly Point: 11:00am, St Patrick's Church Car Park, Glendun Road, Cushendun

Come and explore the beautiful Cregagh Woodland in Cushendun, in the company of forager Glenn White. Birds will be in song and the woodland flora will be reaching its peak. You can find out about edible plants, what's safe to eat and what's not. Discover a multitude of edible goodies and learn how to make wild garlic pesto, nettle soup and a whole variety of wild salad and greens - all this, and nature too. Please note children under 18 must be accompanied by an adult. Pre-booking is essential. Please note when parking do not block any gates or entrances. Take a basket and learn how to source and identify all the natural edible treats that flourish throughout.

Duration: 2 hours

Surface: Forest paths, Well-paved paths, though some may be steep

Footwear: Strong/solid footwear and waterproof clothing recommended

Contact: To book email laura@lps.ccght.org or call 028 2075 2100

BUTTERFLY SAFARI

SATURDAY 23RD JULY 2016



Assembly point: 2:00pm Whitepark Bay Car Park

Join local Biodiversity Officer, Rachel Bain for a leisurely safari through the sand dunes at Whitepark Bay hunting for the colourful and coastal butterflies and any other creatures we may encounter. Finishing with a gentle stroll back along the beach. Let's hope for sunny weather, but prepare for anything. Equipment provided. Pre-booking is essential.

Duration: 2 hours

Footwear: Strong/solid footwear and waterproof clothing recommended

Contact: To book email tierna@ccght.org or call 028 2075 2100

SNORKEL SAFARI

THURSDAY 28TH JULY 2016



Assembly Point: 11:00am, Red Bay – meet at Garron Road Amenity Site, Garron Road, Glenariff, (postcode BT44 ORB)

Join Ulster Wildlife's Living Seas team for a snorkelling safari at Red Bay. Snorkel in the company of our team of BSAC trained Snorkel Instructors and look beneath the surface to see Red Bay's beautiful seagrass beds and the sea creatures who live there.

Wetsuits, masks, snorkels & fins provided but bring your own gear if you have it. Suitable for Age 8+. Under 16s must be accompanied by responsible adult (but adults don't have to get wet!). Booking is essential.



Duration: 3 hours

Cost: £5pp

Footwear: Strong/solid footwear and waterproof clothing recommended

Contact: To book visit www.ulsterwildlife.org/whats-on or contact Dave Wall on 028 9046 3126 or email dave.wall@ulsterwildlife.org

COASTEERING ON THE CAUSEWAY COAST

MONDAY 1ST AUGUST 2016



Assembly Point: 1:30pm Causeway Road, Dunseverick (Lay-by opposite the road to Dunseverick Harbour)

To celebrate National Marine Week why not join Causeway Coasteering and Ulster Wildlife's Dave Wall for an afternoon of Coasteering along the Causeway Coast. This is an excellent opportunity to experience our beautiful rugged coastline whilst learning about the unique marine life located along the coast.

It is essential to book for this event. Strictly no under 10's. Under 18's must be accompanied by a responsible adult

Duration: 2 hours

Cost: £15pp

Footwear: Wetsuits are provided- Shorts & old trainers required to wear into water

Contact: To book contact Causeway Coasteering on 0787 253 7550 or email jump@causewaycoasteering.com

ROCKPOOL RAMBLE

SUNDAY 14TH AUGUST 2016



Assembly Point: 1:00pm meet at Cushendall Playground beside entrance to the Golf Course (postcode BT44 0NG)

Come and meet Ulster Wildlife's Living Seas Team and join us for a rock-pool exploring adventure. This is a great site for family rockpooling with dozens of different seaweeds, beautiful beadlet anemones and plenty of opportunity to find crabs, fish, sea slugs and other marine life hiding between the rocks. Children under 16 must be accompanied by a responsible adult. Please note surfaces may be rocky and slippery. Pre-booking is essential.

Duration: 2 hours

Footwear: Strong/solid footwear and waterproof clothing recommended

Contact: To book email laura@lps.ccght.org or call 028 2075 2100

INDUSTRIAL HERITAGE IN THE GLENS

SATURDAY 13TH AUGUST 2016



Assembly Point: 12 noon Carnlough Harbour

Join us as we take a walk in Carnlough towards Gortin limestone quarry where you will discover the historic significance of the harbour, the old mineral railway, and the lime kilns along the way. Please note, some sections of this walk may prove challenging. Pre-booking is essential.

Duration: 3 hours



Contact: To book email tierna@ccght.org or call 028 2075 2100

AUTUMN

CASTLEROCK WALKFEST

SATURDAY 3RD SEPTEMBER 2016



Come and join us on the beautiful North Coast! We offer walks for all, ranging from experienced hill walkers to beginners.

Provisional walks programme:

- Hill Walks on Binevenagh or Altikeeragh/Gortmore.
- Walks across Binevenagh or along the Giants Causeway.
- Dunes walk by the Bann.
- Nordic walking.
- Walk & Talks to discover the history of Castlerock & Bishop Hervey's Mussenden Temple in Downhill.
- Family walk suitable for all ages.
- Gentle Journey to help introduce you to group walking.

Like "Castlerock Walkfest" Facebook page to keep up to date with Walkfest progress or visit www.coastlinecastlerock.org

Organised by the CCA with the support from CCGHT, National Trust, Translink & Health Alliance.



COASTAL FORAGING



SATURDAY 10TH SEPTEMBER 2016



Assembly Point: 11:00am, Cushendall Playground beside entrance to the Golf Course (postcode BT44 ONG)

Join Dermot Hughes from Forage Ireland, and Ulster Wildlife's Living Seas Team who will be conducting a coastal foraging walk along the Cushendall coast. Find out what's good to eat... and what isn't! Under 16s must be accompanied by responsible adult. Check forecast beforehand and dress suitably. Pre-booking is essential.

Duration: 2 hours

Cost: £10pp

Footwear: Walking boots/Wellingtons/Sturdy shoes.

Contact: To book visit www.ulsterwildlife.org/whats-on or contact Dave Wall on 028 904 63126 or email dave.wall@ulsterwildlife.org

SURVEYING HERITAGE

THURSDAY 15TH SEPTEMBER 2016

A landscape history and archaeology of the Ordnance Survey in Ireland



Time: 7:00pm

Venue: Glenarm Visitor Information Centre, Seaview Hall, Glenarm

Join Prof. Keith Lilley, from the School of Geography, Archaeology & Palaeoecology of Queen's University Belfast, who will give an illustrated talk on how the Ordnance Survey in Ireland shaped the landscape on the ground, and how we can find in today's landscape surviving but often forgotten and overlooked monuments and legacies left by the surveyors who mapped Ireland. Pre-booking is essential.

Duration: 2 hours

Contact: To book email tierna@ccght.org or call 028 2075 2100



STARS IN YOUR SKIES

WEDNESDAY 28TH SEPTEMBER 2016



Assembly Point: 8:30pm Ballintoy Harbour Car Park

Join the Northern Ireland Amateur Astronomy Society within the Causeway Coast Area of Outstanding Natural Beauty for a night under the stars. Always had an interest in Astronomy but struggle to tell the difference between the Ursa Major and Ursa Minor? Why not come along and discover the Cosmos and the Constellations?

You may even be lucky to spot a shooting star on the night, and if we are really lucky, we may spot the Northern Lights.

There will be several large telescopes available, and plenty of opportunities to ask questions. Members of the society will give short talks about the night sky, using a laser to point out the constellations and other interesting objects.

This event is weather dependent therefore the date above cannot be confirmed until near the time.

Pre-booking is essential.

Duration: As long as necessary

Footwear: Sturdy footwear, warm clothing

Contact: To book email tierna@ccght.org or call 028 2075 2100

FORAGING FOR FOOD

SATURDAY 1ST OCTOBER 2016



Assembly Point: 11:00am Cregagh Wood, Meet at St Patrick's Church Car Park, Glendun Road, Cushendun

Come and explore this beautiful woodland in the company of forager Glenn White. Birds will be in song and the woodland flora will be reaching its peak. You can find out about edible plants, what's safe to eat and what's not.

Discover a multitude of edible goodies and learn how to make wild garlic pesto, nettle soup and a whole variety of wild salad and greens - all this, and nature too. Please note children under 18 must be accompanied by an adult. Pre-booking is essential.

Please note when parking do not block any gates or entrances. Take a basket and learn how to source and identify all the natural edible treats that flourish throughout.

Duration: 2 hours

Surface: Forest paths, well-paved paths, though some may be steep

Footwear: Strong/solid footwear and waterproof clothing recommended

Contact: To book email laura@lps.ccght.org or call 028 2075 2100

TALES OF THE GLENS - A STORYTELLING WORKSHOP



THURSDAY 27TH OCTOBER 2016

Assembly Point: 7:30pm Glenmona House, Cushendun



For generations tales of fairies, ghosts and ancient lore have been told throughout the Glens of Antrim.

In this workshop storyteller Liz Weir will encourage local people to come and share stories handed down in their families so that they can be passed on to succeeding generations. Participants will be given tips on story presentation and encouraged to share their tales at story swaps over the Ghosts in the Glens Festival weekend. Everyone welcome Admission FREE. Pre-booking is essential.

Duration: 2 hours

Contact: To book email laura@lps.ccght.org or call 028 2075 2100



OUTDOOR ETHICS: LEAVE NO TRACE

1. PLAN AHEAD AND PREPARE
2. BE CONSIDERATE OF OTHERS
3. RESPECT FARM ANIMALS AND WILDLIFE
4. TRAVEL AND CAMP ON DURABLE GROUND
5. LEAVE WHAT YOU FIND
6. DISPOSE OF WASTE PROPERLY
7. MINIMISE THE EFFECTS OF FIRE

Practising a Leave No Trace ethic is very simple: Make it hard for others to see or hear you and LEAVE NO TRACE of your visit.

Remember we all have a part to play, whether walking your dog, fishing, hiking, biking or visiting your local park - please Leave No Trace and be an advocate for the message.

WWW.LEAVENOTRACEIRELAND.ORG



CAUSEWAY COAST & GLENS
HERITAGE TRUST



IMPORTANT POINTS

- Organised walks over private land are only possible due to the kind permission and cooperation of the landowners concerned. Please respect their property at all times and observe the Country code.
- Walking boots plus waterproofs recommended for all walks; training shoes not suitable
- No dogs permitted on any of the walks, except guide dogs. (unless stated otherwise)
- All children under 16 must be accompanied by an adult at all times. (unless stated otherwise)

Keep up to date with events across the Causeway Coast & Glens area through our interactive online calendar at:

WWW.CCGHT.ORG

WWW.HEARTOFTHEGLENS.ORG



CAUSEWAY COAST & GLENS
HERITAGE TRUST

Heart of
the Glens 
Landscape Partnership Scheme

Causeway Coast & Glens Heritage Trust

"The Old Bank"
27 Main Street
Armooy
BT53 8SL

Tel: **028 2075 2100**

Email: **info@ccght.org**



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For further information visit our websites at:

www.ccgght.org

www.heartoftheglens.org

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www.doeni.gov.uk/niea



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LOTTERY FUNDED



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